

Overboard Recovery

Coasters Harbor Navy Yacht Club

www.nwc.navy.mil/chnyc



Overboard Recovery

- **Get buoyancy to victim**
- **Keep victim in sight**
- **Head back to victim**
- **Stop boat alongside**
- **Make contact with victim**
- **Attach victim to boat**
- **Get victim aboard**

Quick-Stop Steps

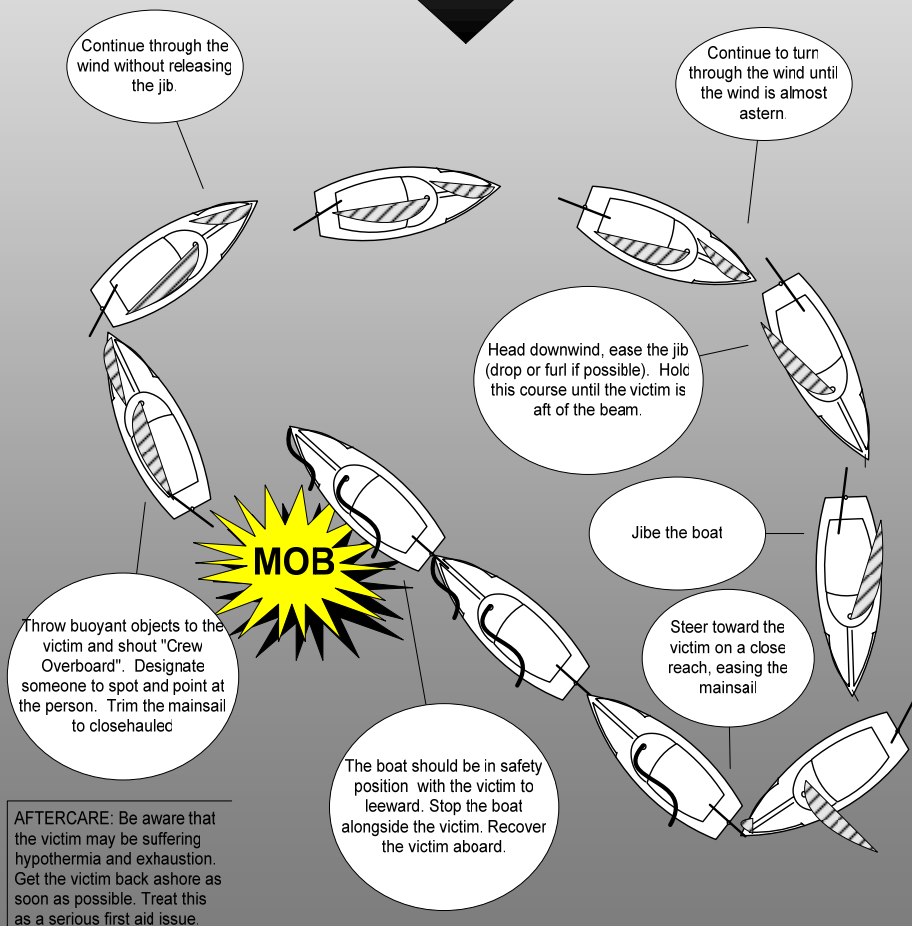
- **Shout “Crew Overboard”**
- **Deploy PFD**
- **Trim mainsail**
- **Tack; hold fast jib**
- **Continue turn; broad reach**
- **Continue downwind until victim is abeam**
- **Jibe; come to close reach**
- **Ease sails to slow boat**
- **Stop alongside**
- **Recover victim**
- **Aftercare**

Quick-Stop Recovery

OVERBOARD RECOVERY. There are preferred methods of recovering a crew who has fallen overboard. All involve the following steps:

1. Get buoyancy to the victim.
2. Keep the victim in sight.
3. Head the boat back to the victim.
4. Stop the boat alongside the victim.
5. Make contact with the victim.
6. Attach the victim to the boat.
7. Get the victim back on board.

The hallmark of the QUICKSTOP recovery is the immediate reduction of boat speed by turning in a direction to windward. With the boat upwind of the victim, providing buoyancy is made easier. Maneuver at modest speed never taking your eyes off the victim and remain near the victim.



Quick-Stop Movies



The following
video is rated
"E" for Educational

If movie doesn't start automatically,
Click on the black screen.

Victim Recovery

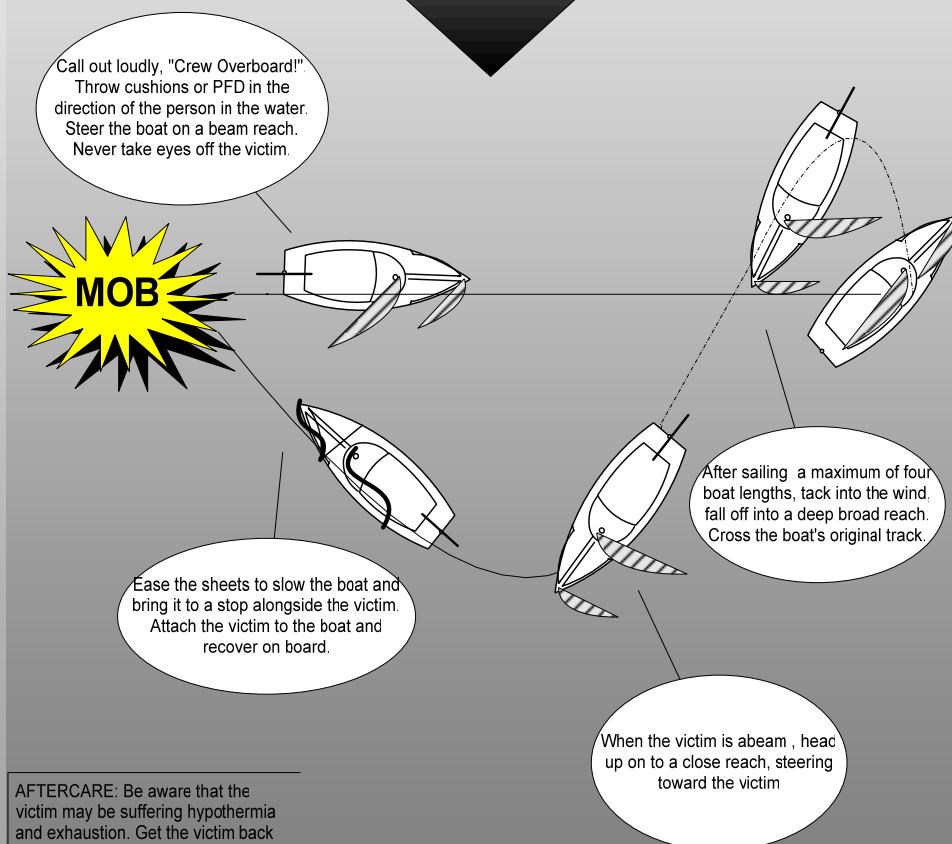
- **Victim to leeward with boat in safety position.**
- **Victim holds on to boat**
- **Use stern line**
 - Bowline to form loop
 - Clove hitch around crutch
- **Grasp victim at waist**
- **Lift with your legs**
- **Give first aid**

Quick-Turn Recovery

OVERBOARD RECOVERY. There are preferred methods of recovering a crew who has fallen overboard. All involve the following steps:

1. Get buoyancy to the victim.
2. Keep the victim in sight.
3. Head the boat back to the victim.
4. Stop the boat alongside the victim.
5. Make contact with the victim.
6. Attach the victim to the boat.
7. Get the victim back on board.

The QUICK-TURN recovery avoids jibing during the recovery. In heavy weather, you may find controlling the boat easier with this technique. It is imperative to keep the victim in sight at all times.



AFTERCARE: Be aware that the victim may be suffering hypothermia and exhaustion. Get the victim back ashore as soon as possible. Treat this as a serious first aid issue.